

A word from the guest editor

Today, 7.3 billion people are living on earth. All 7.3 billion people need air, water, food... Health is the greatest human wealth. Interestingly, the diseases in some way connect people and countries in the world. Diseases are a global challenge of our time that requires cooperation among civilizations to achieve global success. Especially, chronic diseases: cardiovascular diseases, cancer, chronic lung and kidney diseases, diabetes, epilepsy, AIDS, mental disorders and stroke. These diseases are an indicator of socio-economic development of states and directly indicate the uneven global distribution of health and wealth. Chronic diseases are leading causes of morbidity and mortality in the world. They represent more than 80% of human lives and medical costs in the world population. World Health Organization (WHO) is working with governments to incorporate chronic diseases into the UN Millennium Development Goals.

Now we are living in an era of globalization. We cannot be healthy if we live in an unhealthy world. World, with active global crises such as: economic, food and energy crises, climate changes, military and migratory crises, make global health efforts even more challenging. Balkan countries should contribute to global health. As doctors, working our human and noble profession, we can appeal: "The power of science and knowledge should be the language and the bridge that brings the nations together. We all must keep investing in science, medicine, education, research and technological development and aim to the well-being of the human kind on Earth and to the future generations that come".

Sanamed journal, has a tremendous privilege to contribute to a global health, by giving us a great opportunity to publish scientific papers and hereby to exchange the medical experience and research.



To be a guest editor of the Sanamed journal is my privilege, honor and a great pleasure. I thank everyone involved in the publication of this issue of the journal. I want especially to thank all members of the editorial board for inviting me to be a guest editor and to wish them a good health, longevity of the journal Sanamed, numerous authors and readers and many cited papers from this journal (in other medical journals).

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